**PLEASE ENSURE YOU READ BOTH SIDES OF THIS NOTICE**

**Please bring & ensure all items are NAMED:**

- **LUNCH, PLAYLUNCH & DRINK FOR WEDNESDAY**
  Students to bring food/drink for the first day. Drinks should be in tetra pack type packaging (eg. fruit juice box/UHT milk) or small bottle of water. **NO GLASS OR CANS PERMITTED.**

- Sleeping Bag  **OR**  Doona and fitted sheet
  *(Sleeping bags ARE NOT to be tied to luggage bag)*

- Pillow slip
- Toiletries
  - including deodorant (not spray), hairbrush, toothbrush/ toothpaste
- Towel, soap, shampoo etc.

- Socks & underwear – 1 set per day + 1 spare set
- Pyjamas
- Pants or jeans – 1 pair per day *(no leggings or ¾ pants)*
- Warm windcheater – 1 per day
- T-shirt or shirt
  - 1 per day plus at least one extra
  *(short sleeve T-shirts are OK - MUST cover all of the top of arm & waist)*

- Beach towel & bathers/Rashie board shorts for water activities

- Handkerchiefs – tissues **NOT allowed**

- **SLIPPERS – A Good Idea**
- Good walking runners
- 1 old pair of runners that could get wet & dirty
- Torch

- Drink bottle

- **Waterproof raincoat with a hood – A MUST**
- Sunscreen S.P.F. 30+ (Optional)
- Sunsmart hat & beanie
- Garbage Bag – for dirty, wet clothes
- Insect repellent, roll on type (not spray cans)
- Book and/or quiet game

- Camera (optional & students responsible for own camera)

**Please note: Cameras are allowed, however NOT in the form of a mobile phone as this will be confiscated & returned at the conclusion of the camp.**

**PLEASE READ BOTH SIDES OF THIS LIST**
PLEASE DO NOT BRING

- Walkmans, Ipods, electronic games or CD players
- Any spray cans / Make up / Nail polish etc.
- Spending money
- Mobile phones
- Jewellery
- Food (other than playlunch, lunch & drink for Wednesday), lollies, **NUTS**, chips etc.

*PLEASE REMEMBER THAT CHEWING GUM IS ALSO NOT ALLOWED ON CAMP.*

Please remind your child that they have signed a CONTRACT agreeing to abide by the rules of the camp and that in bringing any of the above, would be considered as a breach of their agreement. Any item found will be confiscated & parents will be contacted immediately.

- **Medication**

  WE WOULD APPRECIATE YOUR CO-OPERATION with the prompt handing in of medication as we have numerous documents that need to be completed prior to departure for camp.

Would you please ensure any medication is handed into the office BEFORE 3.30pm TUESDAY 4 October.

(Currently “in use” prescription medication only (e.g. antibiotics) may be handed in on the morning of departure no later than 8.45am)

- **Please ensure** medication is placed in a self-sealed plastic bag (gladbag type) labelled with your child’s name & required dosage along with any other instructions in relation to the medication. Other than asthma puffers, students MUST NOT have medications on them.

- **Please also ensure** there is enough medication to last the whole time on camp.